

APPENDIX 3

Performance Requirements Checklist for NRA Basic Personal Protection in the Home Certification

Name: _____ Home Phone: _____

Street: _____ Work Phone: _____

State: _____ Zip Code: _____

Student's Signature: _____ NRA No.: _____

Signature of Instructor: _____ NRA No.: _____

Date started: _____ Date completed: _____

Requirements	Date	Instructor's signature
1. State the importance of using a firearm responsibly and ethically for personal protection.		
2. State the importance of developing the proper mindset for using a firearm for personal protection and facing a life-threatening encounter.		
3. Explain the four levels of awareness.		
4. Explain the importance of mental preparation and physical training for a potentially life-threatening confrontation.		
5. Explain and demonstrate the fundamentals of defensive marksmanship.		
6. Explain defensive accuracy.		
7. Shoot targets in the center of mass using aimed shots from a two-handed standing position.		
8. Explain the differences between cover and concealment, and identify examples of each.		