

Patrol Rifle Dry practice drills

All drills should be preformed with an unloaded weapon and magazines that have been checked twice!

Drills should be preformed on first day back to work of the work week.

Day 1 through Day 30 (10 repetitions of each drill)

Day 30 through Day 60 (5 repetitions of each drill)

Day 60 - On (3 repetitions of each drill)

Drill # 1 Identify target, start with weapon in ready gun position, identify target and close eyes. Present weapon to target open eyes when weapon comes to rest against the cheek, open eyes and confirm natural point of aim.

- Identify target close eyes, do not shift body.
- Bring weapon up to the firing position (insure proper check weld on stock weapon placement on shoulder.
- As weapon comes on target finger should move trigger to the re-set position
- Sights must be aligned
- Confirm alignment with target.

Drill # 2 From Ready gun position, present weapon to target.

- Sweep the Safety to the fire position
- As weapon comes on target finger should move trigger to the re-set position
- Sights must be aligned

Drill # 3 From Ready gun position, present weapon to target and press the trigger.

- Sweep the Safety to the fire position
- As weapon comes on target finger should move trigger to the re-set position
- Sights must be aligned
- Press trigger, straight back keeping sights aligned on target.

Drill# 4 Start drill from a ready gun position, visualize there is a lull in the gun fight and you are behind cover. Make a decision to tactically reload your weapon.

- Release support hand from the weapon.
- Obtain fresh magazine from magazine pouch.
- Bring fresh magazine up to weapon system using the Side by Side method.
- Depress the magazine release.
- Catch the depleted magazine in the support hand.
- Insert the fresh magazine into the magazine well
- Push magazine into the weapon while pushing the weapon onto the magazine.

Drill# 5 Start drill from a ready gun position, visualize there is a lull in the gun fight and you are behind cover. Make a decision to tactically reload your weapon.

- Release support hand from the weapon.
- Obtain fresh magazine from magazine pouch.
- Bring fresh magazine up to weapon system using the L method.
- Depress the magazine release.
- Catch the depleted magazine in the support hand.
- Insert the fresh magazine into the magazine well
- Push magazine into the weapon while pushing the weapon onto the magazine.

Drill# 6 Start drill from a ready gun position, visualize there is a lull in the gun fight and you are behind cover. Make a decision to tactically reload your weapon.

- Release support hand from the weapon.
- Depress the magazine release.
- Catch the depleted magazine in the support hand.
- Place the depleted magazine in a pocket.
- Obtain the fresh magazine from magazine pouch (thumb on back of magazine fingers curled around the front of the magazine).
- Insert the fresh magazine into the magazine well
- Push magazine into the weapon while pushing the weapon onto the magazine.

Drill# 7 Start drill from a ready gun position, visualize you are in a gun fight and your Patrol Rifle has run out of ammunition you have transitioned to your handgun and moved to cover. Reload the Patrol Rifle.

- Depress the magazine release.
- Release support hand from the weapon and strip the empty magazine.
- Obtain the fresh magazine from magazine pouch (thumb on back of magazine fingers curled around the front of the magazine).
- Bring the fresh magazine up to weapon system.
- Insert the fresh magazine into the magazine well
- Push magazine into the weapon while pushing the weapon onto the magazine.
- Send the bolt forward using the bolt lock lever.
- Assess the need to re-engage.